

Cooking Fires

When a member of your community is killed in a home fire, it is important to let others know how they can prevent a similar tragedy. As you continue to report on the fire, the U.S. Fire Administration encourages you to remind your audience that many fire deaths and injuries are preventable.

More than 4,000 Americans die each year in fires and more than 20,000 are injured. Many of them might be alive today if they had only had the information they needed to avoid a disaster. The following life-saving tips could make a big difference to your audience. By incorporating them in your story now, while the moment is still fresh, you could help save a life.

Did you know?

- Eighty-two percent of all fire deaths occur in the home.
- Cooking is the leading cause of home fires in the U.S. It is also the leading cause of fire injuries.
- Deaths due to fires caused by cooking are particularly preventable.
- Having a working smoke alarm reduces one's chance of dying in a fire by nearly a half.

Following these simple fire safety tips can boost survival rates dramatically. Please share them with your readers because knowledge is the best fire protection.

Cooking Fires Life-Saving Tips

- Install a smoke alarm on every level of your home. Test smoke alarm batteries every month and change them at least once a year. Consider installing a 10-year lithium battery-powered smoke alarm, which is sealed so it cannot be tampered with or opened.
- Never leave cooking unattended. A serious fire can start in just seconds.
- Always wear short, tight-fitting sleeves when cooking.
- Keep towels, pot holders and curtains away from flames and heating elements.
- Clean cooking surfaces regularly to prevent grease buildup which can ignite.
- If a fire breaks out while cooking, put a lid on the pan to smother it. Never throw water on a grease fire.
- Heat oil gradually to avoid burns from spattering grease. Use extra caution when preparing deep-fried foods.
- Never use the range or oven to heat your home.
- Double-check the kitchen before you go to bed or leave the house. Make sure all small appliances are turned off.

For more information on the U.S. Fire Administration's Public Education Campaigns or to speak with a USFA spokesperson, please call 202-842-3600. Also visit <http://www.usfa.dhs.gov/> or <http://www.firesafety.gov/> for additional information on fire safety.

